

JULY

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29-Jun	30-Jun	1-Jul	2	3	4
930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis) 6:30p-8pm: Centering Prayer Support Group at Rockwell	9a-12p: Medical Doctor Consults (Mariebel&Det) 10a-4p: Counseling (Fe) 10a-12 p: Support Group at Veterans Hospital 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Medical Doctor consultation (Cherry)	9a-12p: Medical Doctor consultation (Johann) 10a-12 p: Support Group at Veterans Hospital 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 3-5pm: Art Class@Carewell	10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	2:30p-5pm GriefShare at GCF Bldg. Pasig
6	7	8	9	10	11
930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis) 6:30p-8pm: Centering Prayer Support Group at Rockwell	9a-12p: Medical Doctor Consults (Mariebel&Det) 10a-4p: Counseling (Fe) 10a-12 p: Support Group at Veterans Hospital 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Medical Doctor consultation (Cherry) 10a-12p: Accupressure Seminar at Carewell 1030am-1230pm Alabang Support Group 530p-730pm: Azure Café Carewell Happy Hour	9a-12p: Medical Doctor consultation (Johann) 10a-12p: Qi Gong@Carewell 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly) 3-5pm: Art Class@Carewell	10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	2:30p-5pm GriefShare at GCF Bldg. Pasig
13	14	15	16	17	18
930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis) 6:30p-8pm: Centering Prayer Support Group at Rockwell	9a-12p: Medical Doctor Consults (Mariebel&Det) 10a-4p: Counseling (Fe) 10a-12 p: SupGp@Vets 10a-12p: Qi Gong@Carewell 1-5P: Fuda Hospital Talk at Vivere Hotel in Alabang 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Medical Doctor consultation (Cherry)	9a-12p: Medical Doctor consultation (Johann) 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 2-430p: Counseling (Jelly) 3-5pm: Art Class@Carewell	10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	2:30p-5pm GriefShare at GCF Bldg. Pasig
20/27	21/28	22/29	23/30	24/31	25
930a-12p Counselling (Marita) 10a-12p: Medical Doctor consultation (Dennis) 6:30p-8pm: Centering Prayer Support Group at Rockwell	9a-12p: Medical Doctor Consults (Mariebel&Det) 10a-4p: Counseling (Fe) 10a-12 p: Support Gp@Vets 10a-12p: Qi Gong@Carewell 12-3p: Support Gp@Carewell 2-330p: Bible Gp@Carewell 330-530pm: Art@Carewell	10a-12p: Medical Doctor consultation (Cherry) 1030am-1230pm Alabang Support Group 530p-730pm: Azure Café Carewell Happy Hour	9a-12p: Medical Doctor consultation (Johann) 10a-12p: Qi Gong@Carewell Power Run Pressconn at Manila Polo Club 12-3p 1p-3pm: Spt Gp@Carewell 2-430p: Counseling (Jelly) 3-5pm: Art Class@Carewell	10a-12p: Medical Doctor consultation (Dennis) 3-5p: Medical Doctor consultation (Tintin/Nina)	2:30p-5pm GriefShare at GCF Bldg. Pasig



*All our activities are free and held at Carewell unless otherwise stated. To join any, for more details, or for the most updated schedules, contact Carewell.
Some activity schedules are subject to change. Other counselling dates may be scheduled by appointment.*

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